

Are you the family caregiver of someone who has been diagnosed with dementia?

These support groups are for family caregivers who are in need of a supportive environment to share, learn listen and gain emotional support from others who are on the same dementia caregiving journey.

Support Group	Type	Date/Time	Facilitators
General Alzheimer's Disease and Dementia Support Group	Virtual	Meets on the 1 st and 3 rd Wednesday of each month, 1:00-2:30pm	Barbara Hament, LCSW Monica Moore, MSG
General Alzheimer's Disease and Dementia Support Group	Virtual	Meets on the 2 nd and 4 th Wednesday of each month, 1:00-2:30pm	Barbara Hament, LCSW Monica Moore, MSG
General Alzheimer's Disease and Dementia Evening Support Group	Virtual	Meets on the 1 st and 3 rd Monday of each month, 6:30-8:00pm	Catherine Jonas, LMFT Eileen Weber, LMFT
Adult Children Caring for a Parent with Dementia Group	Virtual	Meets on the 2 nd and 4 th Tuesdays of the month, 12:00-1:30pm	Monica Moore, MSG Doria Ragland, MSW
Lewy Body Dementia Caregiver Support Group	Virtual	Meets on the 1 st and 3 rd Tuesday of each month, 6:30-8:00pm	Barbara Hament, LCSW
Spanish Speaking Caregiver Support Group	Virtual	Meets every Monday, 1:30-3:00pm	Mirella Diaz- Santos, PhD (424) 835-0843
Young Onset Alzheimer's Caregiver Support Group	Virtual	Meets on the 1 st Tuesday of each month, 12:00-1:30pm	Linda Ercoli, PhD Yael Wyte, MSW
Frontotemporal Dementia Caregiver Support Group	Virtual	Meets on the 3 rd , Tuesday of each month, 12:00pm-1:30pm	Linda Ercoli, PhD Yael Wyte, MSW
Young Adult (20s, 30s, 40s) Children Caregiver Support Group	Virtual	Meets on the 1 st and 3 rd Tuesdays of each month, 12:00- 1:30pm	Monica Moore, MSG Doria Ragland, MSW
Spouse Only Support Group	Virtual	Meets on the 1 st and 3 rd Wednesdays of each month 10:30am- 12:00pm	Monica Moore, MSG

To attend any of these support groups, please RSVP to Monica Moore

Ph: (310) 794-3914 or Email: mrmoore@mednet.ucla.edu

For more information, please visit <http://www.eastonad.ucla.edu/>