

## ALLFTD Biofluid Research Study

ALLFTD is a multisite research study aimed at understanding the changes in brain function that occur as a result of frontotemporal lobar degeneration (FTLD) syndromes. FTLD syndromes can include bvFTD, bvFTD with ALS, PPA, PSP, or CBD.

We can learn about changes in your brain in a variety of ways, including a clinical examination, memory and thinking tests, and measuring biomarkers in your blood or cerebrospinal fluid (CSF). These biomarkers are different proteins that we think change in response to disease progression.

If you are interested in helping us learn more about FTLD, and you've been diagnosed with an FTLD syndrome or are at risk due to your family history, please consider participating in our ALLFTD Biofluid Research Study.

### Why am I being asked to participate in the ALLFTD Biofluid Study?

You're being asked to participate in the ALLFTD Biofluid Study because you've been diagnosed with an FTLD syndrome like bvFTD, bvFTD with ALS, PPA, PSP, or CBD.

#### What happens in the ALLFTD Biofluid Study?

The ALLFTD Biofluid Study is a one-time visit that may overlap with another clinic visit. We will have you complete some questionnaires, meet with a clinician for a neurological exam, and you will have your blood drawn. If you're willing to do a lumbar puncture, we will also collect your cerebrospinal fluid. After your visit we will follow up with you a few times over the next few years.

Where can I find more information about the study? You can find more information about the study on our website at www.allftd.org.

I am interested in participating. What do I do next?

Please tell your neurologist that you would like to participate in the ALLFTD Biofluid Study. The contact information for ALLFTD study coordinators is on <u>www.allftd.org</u>. You can also email your site's study coordinator to participate.

#### **Study Sites**

Brown University Case Western Reserve University/University Hospitals Cleveland Medical Center, Cleveland Cleveland Clinic Lou Ruvo Center for Brain Health, Las Vegas Columbia University in the City of New York Emory University, Atlanta Houston Methodist Hospital, Nantz National Alzheimer Center Indiana University Johns Hopkins University, Baltimore Massachusetts General Hospital, Boston Mayo Clinic, Jacksonville Mayo Clinic, Rochester Mt Sinai, New York City, New York National Institutes of Health (NIH), Bethesda Northwestern University, Chicago University of Alabama at Birmingham University of British Columbia, Vancouver University of California, Los Angeles University of California, San Diego University of California, San Francisco University of Colorado Denver University of Michigan University of North Carolina at Chapel Hill University of Pennsylvania, Philadelphia University of Texas Health Science Center at San Antonio University of Toronto University of Washington, Seattle Vanderbilt University Washington University in St. Louis

#### **Contact your site:**

University of California Los Angeles, Los Angeles Alexander Sheppard ASheppard@mednet.ucla.edu (805)338-2858

More information at <u>www.allftd.org/sites</u>. Contact us at <u>info@allftd.org</u>. IRB00227492. Drs. Boeve, Boxer, and Rosen.

# **FTLD Syndromes**

Behavioral Variant of Frontotemporal Dementia (bvFTD)

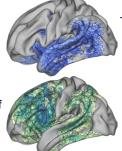


#### Behavioral Variant of Frontotemporal Dementia (bvFTD)

Early symptoms in bvFTD usually include loss of interest in previously enjoyed activities (apathy), loss of empathy, loss of knowledge about how to behave in social situations, impulsiveness, and fixations or obsession about certain topics or ideas.

Semantic Variant of Primary Progressive Aphasia (svPPA)

Non-Fluent Variant of Primary Progressive Aphasia (nfvPPA)



#### **Primary Progressive Aphasia (PPA)**

The main symptoms are early and progressive language difficulties. Spoken and written words are affected. Words lose their meaning and there can be issues recognizing objects and people, or there is difficulty in getting words out so speech seems hesitant and effortful.

Progressive Supranuclear Palsy (PSP)



#### Progressive Supranuclear Palsy (PSP)

Those with PSP have stiffness and slowness of the body, poor balance with falling, trouble moving the eyes, and also problems with social skills, judgment, language, and thinking abilities.

Corticobasal Syndrome (CBS)



#### **Corticobasal Syndrome (CBS)**

CBS is identified by worsening stiffness that affects one side of the body (arm or leg) and similar language and behavioral problems as those seen in bvFTD and PPA.

bvFTD with Amyotrophic Lateral Sclerosis



#### **bvFTD** with Amyotrophic Lateral Sclerosis

Often referred to as *motor neuron disease* or Lou Gehrig's disease, ALS is caused by degeneration of nerves in the brain and spinal cord that control muscles. The main symptoms are twitching, atrophy (shrinking), and weakness of the muscles in the limbs, torso, neck and face, usually starting in one part of the body and spreading to others.